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Welcomed, Valued, Supported

Wednesday 12th July 2023

Carlton Lodge 2023

Dear Parents/Carers

Below is the suggested Kit List for Carlton Lodge Residential taking place in September 2023.

We will be holding a meeting in the new academic year to present all of the exciting aspects of the trip. However, we wanted to send this out early to allow you extra time over the summer to start getting things together in preparation.

Please note that the children should not bring any electronic items/devices with them (phones, tablets, hair driers etc.).

Children do not need to bring a camera as they will be having too much fun to use them and the adults will take the photos.

All bedding requirements will be provided by Carlton Lodge. Children **do not** need to bring a sleeping bag, blanket or pillows with them

1. A large holdall/suitcase that the child can carry.
2. A small day backpack (to carry packed lunch, sun cream, coat and a jumper etc.)
3. Appropriate nightwear.
4. Underwear x 4 (including a couple of changes in case of wet weather etc.)
5. Socks x 6
6. Wellington Boots/ waterproof footwear.
7. A pair of shoes that can get muddy and wet.
8. Trainers (or similar shoes) for leisure time.
9. Tracksuit type trousers/ leggings x 3 (jeans are uncomfortable when wet).
10. T- shirts (x 5).
11. Long sleeved tops x 2 (needed for climbing activities to avoid rope burns).
12. Shorts (it may be sunny).
13. Warm jumper (x2).
14. Waterproof coat (the lighter the better, as the child will need to pack it their small backpack.)
15. A warm coat (possibly a fleece style jacket).
16. A peaked cap.
17. A warm hat.
18. Toiletries (no make-up) to include toothbrush, toothpaste, shower gel/soap, shampoo, roll-on deodorant.
19. Hair ties (if children have long hair it must be tied back for climbing activities).
20. Sun cream/sun block (children will be expected to put this on themselves and will be reminded to do so regularly).
21. Towels x 3 (a hand towel, a bath/shower towel and an old towel for after the water sports).
22. A brush or comb.
23. Black bin bags for dirty clothes (please stick a name label on these).
24. Plastic carrier bags (x3) for dirty shoes etc.
25. Medication (inhalers, travel tablets etc.) with clear instructions when the medication should be given and the correct dose.
26. A lunch box and drink bottle (including a packed lunch for the outward journey).
27. A book (for the odd quiet time).
28. A travel game/puzzle book for the bus journeys.

Our Key Values: Commitment to Achieve, Caring, Respect, Co-operation, Happiness, Independence

